



## October events

DATE	TIME-	EVENT	WHERE	INFORMATION
Monday 29 <sup>th</sup> September	11:00am	Zumba	Hickey's Chapel	All welcome
Monday 29 <sup>th</sup> September	2:00pm	Bridge	Garden Room	All welcome
Tuesday 30 <sup>th</sup> September	11:00am	Meditation	Hickey's Chapel	All welcome
Tuesday 30 <sup>th</sup> September	1:00pm	Spiritual Intelligence Course	Hickey's Chapel	All welcome There is more information in Your Almshouse Magazine
Tuesday 30 <sup>th</sup> September	2:30pm	<b>New!</b> Wellness Walking	Meet on Front Lawn at Hickey's	All welcome There is more information in Your Almshouse Magazine
Wednesday 01 <sup>st</sup> October	2:00pm	Bingo	Hickey's Chapel	All welcome
Thursday 02 <sup>nd</sup> October	10:00am	Morning Prayer	Hickey's Chapel	All welcome
Thursday 02 <sup>nd</sup>	2:00pm	Arts and Craft and Itch to Stitch	Wright's Terrace Room	All welcome

Thursday 02 <sup>nd</sup>	2:30pm	Tai Chi	Garden Room	All welcome
Friday 03 <sup>rd</sup>	10:15am	Yoga	Hickey's Chapel	All welcome
Friday 03 <sup>rd</sup>	2:00pm	Bridge	Garden Room	All welcome
Sunday 05 <sup>th</sup>	10:30am	Songs of Praise St Francis	Hickey's Chapel	All welcome
Monday 06 <sup>th</sup>	11:00am	Zumba	Hickey's Chapel	All welcome
Monday 06 <sup>th</sup>	2:00pm	Bridge	Garden Room	All welcome
Tuesday 07 <sup>th</sup>	11:00am	Meditation	Hickey's Chapel	All welcome
Tuesday 07 <sup>th</sup>	2:30pm	<b>New!</b> Wellness Walking	Hickey's Front Lawn	All welcome There is more information in Your Almshouse Magazine
Thursday 09 <sup>th</sup>	2:00pm	Arts and Craft club and Itch to Stitch	Wright's Terrace Room	All welcome
Thursday 09 <sup>th</sup>	2:30pm	Tai Chi	Garden Room	All welcome
Friday 10 <sup>th</sup>	2:00pm	Bridge	Garden Room	All welcome
Sunday 12 <sup>th</sup>	10:30am	Holy Communion	Hickeys Chapel	All welcome
Monday 13 <sup>th</sup>	11:00am	Zumba	Hickey's Chapel	All welcome
Monday 13 <sup>th</sup>	2:00pm	Bridge	Garden Room	All welcome
Tuesday 14 <sup>th</sup>	10:00am	Out and About William Morris Gallery Walthamstow	Meet outside Richmond Station at 10:00am	All welcome There is more information in Your Almshouse Magazine

Tuesday 14 <sup>th</sup>	11:00am	Food Glorious Food Exploring Winter Delight's	Meet at 3c Adelaide Road	All welcome
Tuesday 14 <sup>th</sup>	11:00am	Meditation	Hickey's Chapel	All welcome
Tuesday 14 <sup>th</sup>	2:30pm	<b>New!</b> Wellness Walking	Hickey's Front Lawn	All welcome There is more information in Your Almshouse Magazine
Wednesday 15 <sup>th</sup>	2:00pm	Film Club showing: Land (2021)	Hickey's Chapel	All welcome There is more information in Your Almshouse Magazine
Thursday 16 <sup>th</sup>	10:00am	Morning Prayer	Hickey's Chapel	All welcome
Thursday 16 <sup>th</sup>	2:00pm	Arts and Craft club and Itch to Stitch	Wright's Terrace Room	All welcome There is more information in Your Almshouse Magazine
Thursday 16 <sup>th</sup>	2:30pm	Tai Chi	Garden Room	All welcome
Friday 17 <sup>th</sup>	10:15am	Yoga	Hickey's Chapel	All welcome
Friday 17 <sup>th</sup>	2:00pm	Bridge	Garden Room	All welcome
Sunday 19 <sup>th</sup>	10:30am	Holy Communion	Hickey's Chapel	All welcome
Monday 20 <sup>th</sup>	11:00am	Zumba	Hickey's Chapel	All welcome
Monday 20 <sup>th</sup>	2:00pm	Bridge	Garden Room	All welcome
Tuesday 21 <sup>st</sup>	11:00am	Meditation	Hickey's Chapel	All welcome
Tuesday 21 <sup>st</sup>	1:00pm	Spiritual Intelligence Course	Hickey's Chapel	All welcome There is more information in Your Almshouse Magazine

Tuesday 21 <sup>st</sup>	2:30pm	<b>New!</b> Wellness Walking	Hickey's Front Lawn	All welcome There is more information in Your Almshouse Magazine
Wednesday 22 <sup>nd</sup>	11:00am	Singing Together with the Marshgate School	Hickey's Chapel	All welcome There is more information in Your Almshouse Magazine
Thursday 23 <sup>rd</sup>	10:00am	Morning Prayer	Hickey's Chapel	All welcome More information in Your Almshouse Magazine and on the notice boards
Thursday 23 <sup>rd</sup>	2:00pm	Arts and Craft Club and Itch to Stitch	Wright's Terrace Room	All welcome
Friday 24 <sup>th</sup>	10:15am	Yoga	Hickey's Chapel	All welcome
Friday 24 <sup>th</sup>	2:00pm	Bridge	Garden Room	All welcome
Sunday 26 <sup>th</sup>	10:30am	Holy Communion	Hickey's Chapel	All welcome
Monday 27 <sup>th</sup>	2:00pm	Bridge	Garden Room	All welcome
Tuesday 28 <sup>th</sup>	1:00pm	Spiritual Intelligence Course	Hickey's Chapel	All welcome There is more information in Your Almshouse Magazine
Wednesday 29 <sup>th</sup>	2:00pm	Film Club showing: "One Life" Refreshments served during the interval	Hickey's Chapel	All welcome There is more information in Your Almshouse Magazine
Thursday 30 <sup>th</sup>	10:00am	Morning Prayer	Hickey's Chapel	All welcome
Thursday 30 <sup>th</sup>	2:00pm	Arts and Craft Club and Itch to Stitch	Wright's Terrace Room	All welcome

Friday 31 <sup>st</sup>	2:00pm	Bridge	Garden Room	All welcome
Sunday 02 <sup>nd</sup> November	10:30am	All Saints Communion	Hickey's Chapel	All welcome

**Why not come and try a new activity this month – and even if you don't want to take part, you can still come along for the company and a chat....or even invite a neighbour to join you.**

Transport can be arranged to all events (unless specified) if you have no other options or are unable to use public transport. Speak to your Scheme Manager for more information. Please note, residents attending sessions of any event/activity at any estate are not permitted to park on-site. All events are **FREE** of charge to residents unless stated otherwise in the information column.

For more information on events see the latest edition of The Almshouse News or check noticeboards.

Location Details:

Chapel: Front of Hickey's Estate, Sheen Road, TW9 1XB

Garden Room: 11 – 14 Church Estate, side gated entry, Sheen Road, TW9 1UX

Church Estate Lawn: 1 – 10 Church Estate, Sheen Road, TW9 1UX

Michel's Garden: 10, Michel's Almshouses, The Vineyard, (gated entry), TW10 6AH

Wright's Terrace Room: Wright's Almshouses, 151 Heath Road, Twickenham, TW1 4DS